








Website review 5ambeast.com

Generated on January 11 2025 09:46 AM





The score is 32/100






SEO Content

	<p>Title</p>	<p>5ambeast</p> <p>Length : 8</p> <p>Ideally, your title should contain between 10 and 70 characters (spaces included). Use this free tool to calculate text length.</p>												
	<p>Description</p>	<p>Length : 0</p> <p>Very bad. We haven't found meta description on your page. Use this free online meta tags generator to create description.</p>												
	<p>Keywords</p>	<p>Very bad. We haven't found meta keywords on your page. Use this free online meta tags generator to create keywords.</p>												
	<p>Og Meta Properties</p>	<p>This page does not take advantage of Og Properties. This tags allows social crawler's better structurize your page. Use this free og properties generator to create them.</p>												
	<p>Headings</p>	<table border="1" data-bbox="542 1411 1481 1478"> <thead> <tr> <th>H1</th> <th>H2</th> <th>H3</th> <th>H4</th> <th>H5</th> <th>H6</th> </tr> </thead> <tbody> <tr> <td>3</td> <td>2</td> <td>4</td> <td>23</td> <td>4</td> <td>0</td> </tr> </tbody> </table> <ul data-bbox="606 1512 1316 2072" style="list-style-type: none"> • [H1] Transformuj svoj život • [H1] Ponúkame • [H1] Spoznaj náš tím • [H2] Prihlás sa k súťaži o bezplatnú transformáciu • [H2] Odhaľ svoj plný potenciál • [H3] 5 AM Routine APP • [H3] 5 AM Coach APP • [H3] Bootcampy • [H3] Simon Rees • [H4] ŽIVOTNÝ ŠTÝL • [H4] RUTINA • [H4] MERANIA • [H4] Runing shoes • [H4] Bottle • [H4] Sport Bag • [H4] Food Protein • [H4] Can 	H1	H2	H3	H4	H5	H6	3	2	4	23	4	0
H1	H2	H3	H4	H5	H6									
3	2	4	23	4	0									

SEO Content

		<ul style="list-style-type: none">• [H4] Bottle• [H4] Energy Bar• [H4] Food Protein• [H4] Challenge• [H4] Pilates• [H4] Gym Today• [H4] Action• [H4] Discipline• [H4] Movement• [H4] About• [H4] Working hours• [H4] Location• [H4] start now• [H4] kropp@qodeinteractive.com• [H4] + (1) 718.407.6400• [H5] Aplikácie, služby a produkty pre nadšencov dlhovekosti, biohackingu a smart fitness• [H5] Zvládnutie tvrdých rutín• [H5] Optimalizácia dlhovekosti• [H5] Pokročilý biohacking
	Images	<p>We found 26 images on this web page.</p> <p>1 alt attributes are empty or missing. Add alternative text so that search engines can better understand the content of your images.</p>
	Text/HTML Ratio	<p>Ratio : 8%</p> <p>This page's ratio of text to HTML code is below 15 percent, this means that your website probably needs more text content.</p>
	Flash	<p>Perfect, no Flash content has been detected on this page.</p>
	Iframe	<p>Great, there are no Iframes detected on this page.</p>

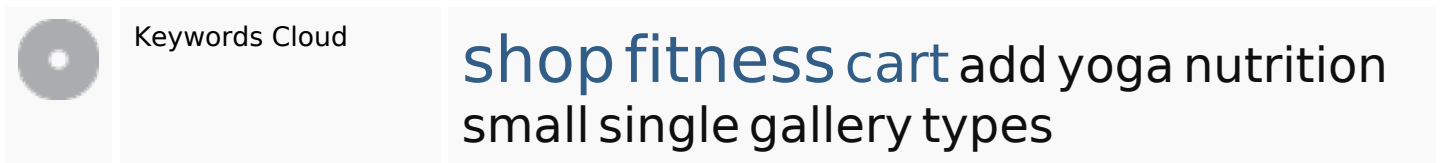
SEO Links

	URL Rewrite	<p>Good. Your links looks friendly!</p>
	Underscores in the URLs	<p>We have detected underscores in your URLs. You should rather use hyphens to optimize your SEO.</p>
	In-page links	<p>We found a total of 35 links including 0 link(s) to files</p>
	Statistics	<p>External Links : noFollow 0%</p>

In-page links

Add to cart	Internal	noFollow
=	Internal	Passing Juice
Crossfit	Internal	Passing Juice
Fitness	Internal	Passing Juice
Challenge	Internal	Passing Juice
Pilates	Internal	Passing Juice
Gym Today	Internal	Passing Juice
Action	Internal	Passing Juice
Discipline	Internal	Passing Juice
Movement	Internal	Passing Juice
Oode Interactive	External	Passing Juice
Privacy Policy	External	Passing Juice






SEO Keywords














Keywords Consistency

Keyword	Content	Title	Keywords	Description	Headings
fitness	15	✘	✘	✘	✔
shop	14	✘	✘	✘	✘
cart	10	✘	✘	✘	✘
gallery	8	✘	✘	✘	✘
single	8	✘	✘	✘	✘

Usability

	Url	Domain : 5ambeast.com Length : 12
	Favicon	Very bad. We have not found shortcut icon. Icons are one of easy ways to attract regular visitors to your website more often.
	Printability	We could not find a Print-Friendly CSS.
	Language	Good. Your declared language is sk.
	Dublin Core	This page does not take advantage of Dublin Core.




Document

	Doctype	HTML 5
	Encoding	Perfect. Your declared charset is UTF-8.
	W3C Validity	Errors : 34 Warnings : 70
	Email Privacy	Warning! At least one email address has been found in the plain text. Use free antispam protector to hide email from spammers.
	Deprecated HTML	Great! We haven't found deprecated HTML tags in your HTML.
	Speed Tips	<ul style="list-style-type: none"> Excellent, your website doesn't use nested tables. Too bad, your website is using inline styles. Too bad, your website has too many CSS files (more than 4). Too bad, your website has too many JS files (more than 6). Perfect, your website takes advantage of gzip.

Mobile

	Mobile Optimization	<ul style="list-style-type: none"> Apple Icon Meta Viewport Tag Flash content
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Optimization

	XML Sitemap	<p>Missing</p> <p>Your website does not have an XML sitemap - this can be problematic.</p> <p>A sitemap lists URLs that are available for crawling and can include additional information like your site's latest updates, frequency of changes and importance of the URLs. This allows search engines to crawl the site more intelligently.</p>
	Robots.txt	<p>http://5ambeast.com/robots.txt</p> <p>Great, your website has a robots.txt file.</p>
	Analytics	<p>Missing</p> <p>We didn't detect an analytics tool installed on this website.</p> <p>Web analytics let you measure visitor activity on your website. You should have at least one analytics tool installed, but It can also be good to install a second in order to cross-check the data.</p>