






# Website review brain-gamesforadults.com

Generated on January 19 2026 16:34 PM

The score is 74/100




## SEO Content

|    | Title   | <p>Best Brain Games for Adults to Boost Cognitive Skills (2025)</p> <p><b>Length : 60</b></p> <p>Perfect, your title contains between 10 and 70 characters.</p>  |          |         |       |  |             |   |      |         |    |   |   |   |
|--|---|--|----------|---------|-------|--|-------------|---|------|---------|----|---|---|---|
|    | Description   | <p>Looking for challenging, science-backed games to improve memory, focus, and mental agility? These specially designed brain games help adults stay sharp, enhance problem-solving skills, and even reduce cognitive decline.</p> <p><b>Length : 219</b></p> <p>Ideally, your meta description should contain between 70 and 160 characters (spaces included). Use <a href="#">this free tool</a> to calculate text length.</p>   |          |         |       |  |             |   |      |         |    |   |   |   |
|  | Keywords  | <p>Very bad. We haven't found meta keywords on your page. Use <a href="#">this free online meta tags generator</a> to create keywords.</p>   |          |         |       |  |             |   |      |         |    |   |   |   |
|  | Og Meta Properties  | <p>Good, your page take advantage of Og Properties.</p> <table><thead><tr><th>Property</th><th>Content</th></tr></thead><tbody><tr><td>title</td><td>Best Brain Games for Adults to Boost Cognitive Skills (2025)</td></tr><tr><td>description</td><td>Looking for challenging, science-backed games to improve memory, focus, and mental agility? These specially designed brain games help adults stay sharp, enhance problem-solving skills, and even reduce cognitive decline.</td></tr><tr><td>type</td><td>website</td></tr></tbody></table> | Property | Content | title | Best Brain Games for Adults to Boost Cognitive Skills (2025) | description | Looking for challenging, science-backed games to improve memory, focus, and mental agility? These specially designed brain games help adults stay sharp, enhance problem-solving skills, and even reduce cognitive decline. | type | website |    |   |   |   |
| Property   | Content   |  |          |         |       |  |             |   |      |         |    |   |   |   |
| title  | Best Brain Games for Adults to Boost Cognitive Skills (2025)  |  |          |         |       |  |             |   |      |         |    |   |   |   |
| description  | Looking for challenging, science-backed games to improve memory, focus, and mental agility? These specially designed brain games help adults stay sharp, enhance problem-solving skills, and even reduce cognitive decline. |  |          |         |       |  |             |   |      |         |    |   |   |   |
| type   | website   |  |          |         |       |  |             |   |      |         |    |   |   |   |
|  | Headings  | <table><thead><tr><th>H1</th><th>H2</th><th>H3</th><th>H4</th><th>H5</th><th>H6</th></tr></thead><tbody><tr><td>1</td><td>8</td><td>12</td><td>8</td><td>0</td><td>0</td></tr></tbody></table> <ul style="list-style-type: none"><li>• [H1] Top Brain-Training Games to Sharpen Your Mind at Any Age</li></ul>   | H1       | H2      | H3    | H4   | H5          | H6  | 1    | 8       | 12 | 8 | 0 | 0 |
| H1   | H2  | H3   | H4       | H5      | H6    |  |             |   |      |         |    |   |   |   |
| 1  | 8   | 12   | 8        | 0       | 0     |  |             |   |      |         |    |   |   |   |




## SEO Content

|  |                 |   |
|--|-----------------|---|
|  |                 | <ul style="list-style-type: none"><li>• [H2] Jeffrey Mallow</li><li>• [H2] Why Brain Training is Crucial</li><li>• [H2] Top 5 Adult Brain Games</li><li>• [H2] Classic Brain Games That Still Work</li><li>• [H2] Science-Backed Benefits for Adults</li><li>• [H2] Expert Tips for Effective Brain Training</li><li>• [H2] Frequently Asked Questions</li><li>• [H2] Final Recommendations</li><li>• [H3] About the Author</li><li>• [H3] Connect with Jeffrey</li><li>• [H3] Puzzles</li><li>• [H3] Strategic</li><li>• [H3] Memory Games</li><li>• [H3] Logic Games</li><li>• [H3] Puzzle Video Games</li><li>• [H3] Chess</li><li>• [H3] Sudoku</li><li>• [H3] Mahjong</li><li>• [H3] Dual N-Back</li><li>• [H3] The Main Results of the Study</li><li>• [H4] Are intellectual games really suitable for adults?</li><li>• [H4] Which game is best suited to improve your memory?</li><li>• [H4] Are the free versions effective?</li><li>• [H4] Can brain games printable worksheets for adults prevent dementia?</li><li>• [H4] How soon will I see the results?</li><li>• [H4] Are digital games better than paper puzzles?</li><li>• [H4] Which game is the best way to relieve stress?</li><li>• [H4] Should high school students use other games?</li></ul> |
|  | Images          | <p>We found 5 images on this web page.</p> <p>Good, most or all of your images have alt attributes.</p>   |
|  | Text/HTML Ratio | <p>Ratio : <b>66%</b></p> <p>Ideal! This page's ratio of text to HTML code is between 25 and 70 percent.</p>  |
|  | Flash           | <p>Perfect, no Flash content has been detected on this page.</p>  |
|  | Iframe          | <p>Great, there are no Iframes detected on this page.</p>   |

## SEO Links

|  |             |   |
|--|-------------|---|
|  | URL Rewrite | <p>Good. Your links looks friendly!</p> |
|--|-------------|---|


## SEO Links

|  |                         |   |
|--|-------------------------|---|
|  | Underscores in the URLs | Perfect! No underscores detected in your URLs.  |
|  | In-page links           | We found a total of 9 links including 0 link(s) to files  |
|  | Statistics              | <p>External Links : noFollow 0%</p> <p>External Links : Passing Juice 22.22%</p> <p>Internal Links 77.78%</p> |

## In-page links

| Anchor                                      | Type     | Juice         |
|---|----------|---------------|
| <a href="#">Author</a>                      | Internal | Passing Juice |
| <a href="#">Training</a>                    | Internal | Passing Juice |
| <a href="#">Games</a>                       | Internal | Passing Juice |
| <a href="#">Classic</a>                     | Internal | Passing Juice |
| <a href="#">Benefits</a>                    | Internal | Passing Juice |
| <a href="#">Tips</a>                        | Internal | Passing Juice |
| <a href="#">FAQ</a>                         | Internal | Passing Juice |
| <a href="#">best brain games for adults</a> | External | Passing Juice |
| <a href="#">improve working memory</a>      | External | Passing Juice |

## SEO Keywords

|  |                |   |
|--|----------------|---|
|  | Keywords Cloud | <p>cognitive <b>brain</b> help <b>games</b> more adults free</p> <p>example training memory</p> |
|--|----------------|---|






## Keywords Consistency

| Keyword | Content | Title | Keywords | Description | Headings |
|---------|---------|-------|----------|-------------|----------|
|         |         |       |          |             |          |

## Keywords Consistency

|          |    |   |   |   |   |
|----------|----|---|---|---|---|
| games    | 74 | ✓ | ✗ | ✓ | ✓ |
| brain    | 70 | ✓ | ✗ | ✓ | ✓ |
| adults   | 41 | ✓ | ✗ | ✓ | ✓ |
| memory   | 24 | ✗ | ✗ | ✓ | ✓ |
| training | 17 | ✗ | ✗ | ✗ | ✓ |

## Usability

|  |              |   |
|--|--------------|---|
|    | Url          | Domain : brain-gamesforadults.com<br>Length : 24  |
|    | Favicon      | Great, your website has a favicon.                |
|   | Printability | We could not find a Print-Friendly CSS.           |
|  | Language     | Good. Your declared language is en.               |
|  | Dublin Core  | This page does not take advantage of Dublin Core. |

## Document

|  |                 |  |
|--|-----------------|--|
|  | Doctype         | HTML 5   |
|  | Encoding        | Perfect. Your declared charset is UTF-8.                   |
|  | W3C Validity    | Errors : 0<br>Warnings : 0                                 |
|  | Email Privacy   | Great no email address has been found in plain text!       |
|  | Deprecated HTML | Great! We haven't found deprecated HTML tags in your HTML. |




## Document

|  |            |  |
|--|------------|--|
|  | Speed Tips | ✓ Excellent, your website doesn't use nested tables. |
|  |            | ✗ Too bad, your website is using inline styles.      |
|  |            | ✓ Great, your website has few CSS files.             |
|  |            | ✓ Perfect, your website has few JavaScript files.    |
|  |            | ✓ Perfect, your website takes advantage of gzip.     |
|  |            |  |

## Mobile

|  |                     |                     |
|--|---------------------|---------------------|
|  | Mobile Optimization | ✓ Apple Icon        |
|  |                     | ✓ Meta Viewport Tag |
|  |                     | ✓ Flash content     |
|  |                     |                     |

## Optimization

|  |             |  |
|--|-------------|--|
|  | XML Sitemap | Great, your website has an XML sitemap.  |
|  |             | <code>https://brain-gamesforadults.com/sitemap.xml</code>  |
|  | Robots.txt  | <code>http://brain-gamesforadults.com/robots.txt</code>  |
|  |             | Great, your website has a robots.txt file.   |
|  | Analytics   | Missing  |
|  |             | We didn't detect an analytics tool installed on this website.  |
|  |             | Web analytics let you measure visitor activity on your website. You should have at least one analytics tool installed, but It can also be good to install a second in order to cross-check the data. |