





Website review braintraining.biz

Generated on January 19 2026 16:59 PM

The score is 77/100







SEO Content

	Title	Best Brain Training Games & Apps to Boost Your Mind Length : 51 Perfect, your title contains between 10 and 70 characters.												
	Description	Explore brain training exercises, games, and apps to enhance memory and focus. Discover free brain training apps for adults and kids! Length : 133 Great, your meta description contains between 70 and 160 characters.												
	Keywords	Very bad. We haven't found meta keywords on your page. Use this free online meta tags generator to create keywords.												
	Og Meta Properties	Good, your page take advantage of Og Properties. <table><tr><th>Property</th><th>Content</th></tr><tr><td>title</td><td>Best Brain Training Games & Apps to Boost Your Mind</td></tr><tr><td>description</td><td>Explore brain training exercises, games, and apps to enhance memory and focus. Discover free brain training apps for adults and kids!</td></tr><tr><td>type</td><td>website</td></tr></table>	Property	Content	title	Best Brain Training Games & Apps to Boost Your Mind	description	Explore brain training exercises, games, and apps to enhance memory and focus. Discover free brain training apps for adults and kids!	type	website				
Property	Content													
title	Best Brain Training Games & Apps to Boost Your Mind													
description	Explore brain training exercises, games, and apps to enhance memory and focus. Discover free brain training apps for adults and kids!													
type	website													
	Headings	<table><tr><th>H1</th><th>H2</th><th>H3</th><th>H4</th><th>H5</th><th>H6</th></tr><tr><td>2</td><td>10</td><td>23</td><td>25</td><td>0</td><td>0</td></tr></table> <ul style="list-style-type: none">• [H1] Top Brain Training Techniques to Sharpen Your Brain• [H1] FAQ: Brain Training• [H2] Rachel Lin• [H2] Introduction• [H2] What Is Brain Training?• [H2] The Science Behind Brain Training• [H2] Does Brain Training Actually Work?	H1	H2	H3	H4	H5	H6	2	10	23	25	0	0
H1	H2	H3	H4	H5	H6									
2	10	23	25	0	0									





SEO Content

- [H2] Top Brain Training Games and Apps
- [H2] Benefits of Brain Training
- [H2] What should you choose?
- [H2] Unique Brain Training Exercises You Can Actually Stick With
- [H2] Final Thoughts
- [H3] About the Author:
- [H3] Connect with Rachel:
- [H3] What Brain Training Looks Like
- [H3] Commercial Programs and Controversies
- [H3] What the Research Says
- [H3] Brain Training Worth Your Time?
- [H3] Mind Elevate
- [H3] Lumosity
- [H3] Elevate
- [H3] Peak Brain Training
- [H3] NeuroNation
- [H3] Brainwell
- [H3] CogniFit
- [H3] Mensa Brain Training
- [H3] Impulse
- [H3] Brain Gymmer
- [H3] Meditation: Mental Strength from Stillness
- [H3] Neurobic Activities: Train With All Your Senses
- [H3] Offline Brain Games: Low-Tech, High Reward
- [H3] Programs from Centers Like the Center for Brain Training
- [H3] Physical Activity With Mental Challenge
- [H3] Creative Hobbies
- [H3] Lifelong Learning
- [H4] Pros:
- [H4] Cons:
- [H4] Pros:
- [H4] Cons:
- [H4] Pros:
- [H4] Cons:
- [H4] Pros:
- [H4] Cons:
- [H4] Pros:
- [H4] Cons:
- [H4] Pros:
- [H4] Cons:
- [H4] Pros:
- [H4] Cons:
- [H4] Pros:
- [H4] Cons:
- [H4] Pros:
- [H4] Cons:
- [H4] What is brain training?
- [H4] Are brain training apps effective?
- [H4] What are the best free brain training apps?
- [H4] Can brain training help ADHD?
- [H4] Are there brain training games for kids?
- [H4] What is impulse brain training?
- [H4] What are the best brain training apps for 2025?

SEO Content

	Images	We found 18 images on this web page. Good, most or all of your images have alt attributes.
	Text/HTML Ratio	Ratio : 36% Ideal! This page's ratio of text to HTML code is between 25 and 70 percent.
	Flash	Perfect, no Flash content has been detected on this page.
	Iframe	Great, there are no Iframes detected on this page.

SEO Links

	URL Rewrite	Good. Your links looks friendly!
	Underscores in the URLs	Perfect! No underscores detected in your URLs.
	In-page links	We found a total of 11 links including 0 link(s) to files
	Statistics	External Links : noFollow 0% External Links : Passing Juice 27.27% Internal Links 72.73%


In-page links

Anchor	Type	Juice
Author	Internal	Passing Juice
Introduction	Internal	Passing Juice
Science	Internal	Passing Juice
Apps	Internal	Passing Juice
Benefits	Internal	Passing Juice

In-page links

Exercises	Internal	Passing Juice
FAQ	Internal	Passing Juice
LinkedIn	Internal	Passing Juice
brain training games	External	Passing Juice
Music Games	External	Passing Juice
improve focus	External	Passing Juice





SEO Keywords

	Keywords Cloud	cognitive mental exercises help games memory brain like training apps
----------------------------------------------------------------------------------	----------------	----------------------------------------------------------------------------------------

Keywords Consistency

Keyword	Content	Title	Keywords	Description	Headings
brain	50	✓	✗	✓	✓
training	44	✓	✗	✓	✓
like	27	✗	✗	✗	✓
games	24	✓	✗	✓	✓
memory	24	✗	✗	✓	✗

Usability

	Url	Domain : braintraining.biz Length : 17
	Favicon	Great, your website has a favicon.
	Printability	We could not find a Print-Friendly CSS.
	Language	Good. Your declared language is en.

Usability

	Dublin Core	This page does not take advantage of Dublin Core.
-----------------------------------------------------------------------------------	-------------	---------------------------------------------------

Document

	Doctype	HTML 5
	Encoding	Perfect. Your declared charset is UTF-8.
	W3C Validity	Errors : 0 Warnings : 0
	Email Privacy	Great no email address has been found in plain text!
	Deprecated HTML	Great! We haven't found deprecated HTML tags in your HTML.
	Speed Tips	<div><div></div>Excellent, your website doesn't use nested tables.</div> <div><div></div>Perfect. No inline css has been found in HTML tags!</div> <div><div></div>Great, your website has few CSS files.</div> <div><div></div>Perfect, your website has few JavaScript files.</div> <div><div></div>Perfect, your website takes advantage of gzip.</div>



Mobile

	Mobile Optimization	<div><div></div>Apple Icon</div> <div><div></div>Meta Viewport Tag</div> <div><div></div>Flash content</div>
-------------------------------------------------------------------------------------	---------------------	-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------

Optimization

	XML Sitemap	Great, your website has an XML sitemap.
--	-------------	-----------------------------------------

Optimization

		https://braintraining.biz/sitemap.xml
	Robots.txt	http://braintraining.biz/robots.txt Great, your website has a robots.txt file.
	Analytics	Missing We didn't detect an analytics tool installed on this website. Web analytics let you measure visitor activity on your website. You should have at least one analytics tool installed, but It can also be good to install a second in order to cross-check the data.