



# Website review kathrinroth.ch

Generated on January 13 2025 07:13 AM





The score is **63/100**







## SEO Content

	Title	<p>Praxis Kathrin Roth - Bioresonanz und Ernährungsberatung</p> <p><b>Length : 55</b></p> <p>Perfect, your title contains between 10 and 70 characters.</p>												
	Description	<p>Willkommen in meiner Praxis. Ich behandle + berate Sie ganzheitlich in den Bereichen Bioresonanz und Ernährung. Weil Ihre Gesundheit das Wertvollste ist.</p> <p><b>Length : 153</b></p> <p>Great, your meta description contains between 70 and 160 characters.</p>												
	Keywords	<p>Ernährungsberatung,Ernährung,Abnehmen,Bioresonanz,alternative Therapie,Phyto,Seeland,Ins,Praxis,Therapie,Bluthochdruck,Diabetes Typ 2,Allergien,Immunprobleme,Krebserkrankung,Schlafprobleme,Müdigkeit,Übergewicht,Metabolisches Syndrom</p> <p>Good, your page contains meta keywords.</p>												
	Og Meta Properties	<p>Good, your page take advantage of Og Properties.</p> <table border="1" data-bbox="539 1413 1481 1883"> <thead> <tr> <th>Property</th> <th>Content</th> </tr> </thead> <tbody> <tr> <td>url</td> <td>https://www.kathrinroth.ch/</td> </tr> <tr> <td>title</td> <td>Home</td> </tr> <tr> <td>description</td> <td>Willkommen in meiner Praxis. Ich behandle + berate Sie ganzheitlich in den Bereichen Bioresonanz und Ernährung. Weil Ihre Gesundheit das Wertvollste ist.</td> </tr> <tr> <td>site_name</td> <td>Praxis Kathrin Roth</td> </tr> </tbody> </table>	Property	Content	url	https://www.kathrinroth.ch/	title	Home	description	Willkommen in meiner Praxis. Ich behandle + berate Sie ganzheitlich in den Bereichen Bioresonanz und Ernährung. Weil Ihre Gesundheit das Wertvollste ist.	site_name	Praxis Kathrin Roth		
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site_name	Praxis Kathrin Roth													
	Headings	<table border="1" data-bbox="539 1910 1481 1984"> <thead> <tr> <th>H1</th> <th>H2</th> <th>H3</th> <th>H4</th> <th>H5</th> <th>H6</th> </tr> </thead> <tbody> <tr> <td>1</td> <td>2</td> <td>0</td> <td>0</td> <td>0</td> <td>0</td> </tr> </tbody> </table> <ul data-bbox="616 2018 1214 2080" style="list-style-type: none"> <li>• [H1] Herzlich willkommen in meiner Praxis</li> <li>• [H2] Praxis Kathrin Roth</li> </ul>	H1	H2	H3	H4	H5	H6	1	2	0	0	0	0
H1	H2	H3	H4	H5	H6									
1	2	0	0	0	0									

## SEO Content

		<ul style="list-style-type: none"><li>[H2] Praxis Kathrin Roth</li></ul>
	Images	We found 1 images on this web page.  1 alt attributes are empty or missing. Add alternative text so that search engines can better understand the content of your images.
	Text/HTML Ratio	Ratio : <b>6%</b>  This page's ratio of text to HTML code is below 15 percent, this means that your website probably needs more text content.
	Flash	Perfect, no Flash content has been detected on this page.
	Iframe	Great, there are no Iframes detected on this page.

## SEO Links

	URL Rewrite	Good. Your links looks friendly!
	Underscores in the URLs	Perfect! No underscores detected in your URLs.
	In-page links	We found a total of 9 links including 0 link(s) to files
	Statistics	External Links : noFollow 0%  External Links : Passing Juice 0%  Internal Links 100%


## In-page links

Anchor	Type	Juice
<a href="#">Praxis Kathrin Roth</a>	Internal	Passing Juice
<a href="#">Angebote</a>	Internal	Passing Juice
<a href="#">Heuschnupfen Allergie</a>	Internal	Passing Juice

## In-page links

<a href="#">Ernährungsberatung</a>	Internal	Passing Juice
<a href="#">Bioresonanz</a>	Internal	Passing Juice
<a href="#">Pflanzenheilkunde</a>	Internal	Passing Juice
<a href="#">Kurse</a>	Internal	Passing Juice
<a href="#">Über mich</a>	Internal	Passing Juice
<a href="#">Kontakt</a>	Internal	Passing Juice




## SEO Keywords

 Keywords Cloud	<p>kathrin pflanzenheilkunde <b>praxis roth</b>  ernährung bioresonanz über  ernährungsberatung menü ins</p>
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## Keywords Consistency

Keyword	Content	Title	Keywords	Description	Headings
praxis	4	✓	✓	✓	✓
kathrin	3	✓	✗	✗	✓
roth	3	✓	✗	✗	✓
pflanzenheilkunde	2	✗	✗	✗	✗
bioresonanz	2	✗	✓	✓	✗









## Usability

 Url	Domain : kathrinroth.ch Length : 14
 Favicon	Great, your website has a favicon.
 Printability	We could not find a Print-Friendly CSS.

## Usability

	Language	Good. Your declared language is de.
	Dublin Core	This page does not take advantage of Dublin Core.




## Document

	Doctype	HTML 5
	Encoding	Perfect. Your declared charset is UTF-8.
	W3C Validity	Errors : 4 Warnings : 6
	Email Privacy	Warning! At least one email address has been found in the plain text. Use <a href="#">free antispam protector</a> to hide email from spammers.
	Deprecated HTML	Great! We haven't found deprecated HTML tags in your HTML.
	Speed Tips	<ul style="list-style-type: none"><li> Excellent, your website doesn't use nested tables.</li><li> Too bad, your website is using inline styles.</li><li> Great, your website has few CSS files.</li><li> Perfect, your website has few JavaScript files.</li><li> Perfect, your website takes advantage of gzip.</li></ul>

## Mobile

	Mobile Optimization	<ul style="list-style-type: none"><li> Apple Icon</li><li> Meta Viewport Tag</li><li> Flash content</li></ul>
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## Optimization

	XML Sitemap	Great, your website has an XML sitemap. <a href="https://www.kathrinroth.ch/sitemap.xml">https://www.kathrinroth.ch/sitemap.xml</a>
	Robots.txt	<a href="http://kathrinroth.ch/robots.txt">http://kathrinroth.ch/robots.txt</a> Great, your website has a robots.txt file.
	Analytics	Missing We didn't detect an analytics tool installed on this website. Web analytics let you measure visitor activity on your website. You should have at least one analytics tool installed, but It can also be good to install a second in order to cross-check the data.