

Website review signsofdepressioninwomen.com

Generated on January 19 2026 17:42 PM

The score is 77/100



SEO Content

| | Title | Signs of Depression in Women: Early, Physical & Emotional Indicators Length : 68 Perfect, your title contains between 10 and 70 characters. | | | | | | | | | | | | |
|-------------|---|--|----------|---------|-------|--|-------------|---|------|---------|---|----|---|---|
| | Description | Learn about common signs of depression in women, including early, physical, and emotional symptoms. Discover how depression affects women at different ages and stages of life. Length : 175 Ideally, your meta description should contain between 70 and 160 characters (spaces included). Use this free tool to calculate text length. | | | | | | | | | | | | |
| | Keywords | Very bad. We haven't found meta keywords on your page. Use this free online meta tags generator to create keywords. | | | | | | | | | | | | |
| | Og Meta Properties | Good, your page take advantage of Og Properties. <table border="1"> <thead> <tr> <th>Property</th><th>Content</th></tr> </thead> <tbody> <tr> <td>title</td><td>Signs of Depression in Women: Early, Physical & Emotional Indicators</td></tr> <tr> <td>description</td><td>Learn about common signs of depression in women, including early, physical, and emotional symptoms. Discover how depression affects women at different ages and stages of life.</td></tr> <tr> <td>type</td><td>website</td></tr> </tbody> </table> | Property | Content | title | Signs of Depression in Women: Early, Physical & Emotional Indicators | description | Learn about common signs of depression in women, including early, physical, and emotional symptoms. Discover how depression affects women at different ages and stages of life. | type | website | | | | |
| Property | Content | | | | | | | | | | | | | |
| title | Signs of Depression in Women: Early, Physical & Emotional Indicators | | | | | | | | | | | | | |
| description | Learn about common signs of depression in women, including early, physical, and emotional symptoms. Discover how depression affects women at different ages and stages of life. | | | | | | | | | | | | | |
| type | website | | | | | | | | | | | | | |
| | Headings | <table> <thead> <tr> <th>H1</th><th>H2</th><th>H3</th><th>H4</th><th>H5</th><th>H6</th></tr> </thead> <tbody> <tr> <td>1</td><td>9</td><td>2</td><td>25</td><td>0</td><td>0</td></tr> </tbody> </table> <ul style="list-style-type: none"> • [H1] Signs of Depression in Women: What to Watch For • [H2] Xander Hayes • [H2] Introduction | H1 | H2 | H3 | H4 | H5 | H6 | 1 | 9 | 2 | 25 | 0 | 0 |
| H1 | H2 | H3 | H4 | H5 | H6 | | | | | | | | | |
| 1 | 9 | 2 | 25 | 0 | 0 | | | | | | | | | |

SEO Content

- [H2] Early Signs of Depression in Women
- [H2] Emotional and Cognitive Signs
- [H2] Physical Signs of Depression in Women
- [H2] Depression in Different Life Stages
- [H2] Severe and High-Functioning Depression
- [H2] Conclusion
- [H2] Frequently Asked Questions
- [H3] Connect with Xander
- [H3] About the Author
- [H4] Persistent sadness or low mood
- [H4] Loss of interest in daily activities
- [H4] Irritability or mood swings
- [H4] Sleep changes, such as insomnia or oversleeping
- [H4] Fatigue without clear cause
- [H4] Feelings of guilt, worthlessness, or hopelessness
- [H4] Difficulty concentrating or making decisions
- [H4] Increased anxiety or restlessness
- [H4] Withdrawal from social interactions
- [H4] Headaches or unexplained body pain
- [H4] Changes in appetite or weight
- [H4] Digestive issues without medical explanation
- [H4] Decreased energy and physical motivation
- [H4] Young Women
- [H4] Pregnant and Postpartum
- [H4] Middle-aged Women
- [H4] Older Women
- [H4] What are the first signs of depression in women?
- [H4] What are the physical signs of depression in women?
- [H4] What are the signs of severe depression in women?
- [H4] How do signs of depression differ in young and older women?
- [H4] What are the signs of postpartum depression in women?
- [H4] What are the signs of high-functioning depression in women?
- [H4] What are the signs of manic depression in women, and signs of bipolar depression in women?
- [H4] What are the signs of depression and anxiety in women?

| | | |
|--|-----------------|--|
|  | Images | <p>We found 6 images on this web page.</p> <p>Good, most or all of your images have alt attributes.</p> |
|  | Text/HTML Ratio | <p>Ratio : 41%</p> <p>Ideal! This page's ratio of text to HTML code is between 25 and 70 percent.</p> |
|  | Flash | Perfect, no Flash content has been detected on this page. |
|  | Iframe | Great, there are no Iframes detected on this page. |

SEO Links

| | | |
|--|-------------------------|---|
|  | URL Rewrite | Good. Your links looks friendly! |
|  | Underscores in the URLs | Perfect! No underscores detected in your URLs. |
|  | In-page links | We found a total of 6 links including 0 link(s) to files |
|  | Statistics | <p>External Links : noFollow 0%</p> <p>External Links : Passing Juice 0%</p> <p>Internal Links 100%</p> |

In-page links

| Anchor | Type | Juice |
|-----------------------------|----------|---------------|
| Signs | Internal | Passing Juice |
| Early | Internal | Passing Juice |
| Emotional | Internal | Passing Juice |
| Physical | Internal | Passing Juice |
| Life Stages | Internal | Passing Juice |
| FAQ | Internal | Passing Juice |

SEO Keywords

| | | |
|--|----------------|--|
|  | Keywords Cloud | <p>persistent also signs emotional mood</p> <p>depression physical fatigue sadness</p> <p>women</p> |
|--|----------------|--|

Keywords Consistency

| Keyword | Content | Title | Keywords | Description | Headings |
|---------|---------|-------|----------|-------------|----------|
| | | | | | |

Keywords Consistency

| | | | | | |
|------------|----|---|---|---|---|
| women | 30 | ✓ | ✗ | ✓ | ✓ |
| depression | 29 | ✓ | ✗ | ✓ | ✓ |
| signs | 23 | ✓ | ✗ | ✓ | ✓ |
| emotional | 8 | ✓ | ✗ | ✓ | ✓ |
| persistent | 7 | ✗ | ✗ | ✗ | ✓ |

Usability

| | | |
|--|--------------|--|
|  | Url | Domain : signs of depression in women.com Length : 28 |
|  | Favicon | Great, your website has a favicon. |
|  | Printability | We could not find a Print-Friendly CSS. |
|  | Language | Good. Your declared language is en. |
|  | Dublin Core | This page does not take advantage of Dublin Core. |

Document

| | | |
|--|-----------------|--|
|  | Doctype | HTML 5 |
|  | Encoding | Perfect. Your declared charset is UTF-8. |
|  | W3C Validity | Errors : 0 Warnings : 0 |
|  | Email Privacy | Great no email address has been found in plain text! |
|  | Deprecated HTML | Great! We haven't found deprecated HTML tags in your HTML. |

Document



Speed Tips

- ✓ Excellent, your website doesn't use nested tables.
- ✓ Perfect. No inline css has been found in HTML tags!
- ✓ Great, your website has few CSS files.
- ✓ Perfect, your website has few JavaScript files.
- ✓ Perfect, your website takes advantage of gzip.

Mobile



Mobile Optimization

- ✓ Apple Icon
- ✓ Meta Viewport Tag
- ✓ Flash content

Optimization



XML Sitemap

Great, your website has an XML sitemap.

<https://signsofdepressioninwomen.com/sitemap.xml>



Robots.txt

<http://signsofdepressioninwomen.com/robots.txt>

Great, your website has a robots.txt file.



Analytics

Missing

We didn't detect an analytics tool installed on this website.

Web analytics let you measure visitor activity on your website. You should have at least one analytics tool installed, but it can also be good to install a second in order to cross-check the data.