











## SEO Content

		<ul style="list-style-type: none"><li>• [H4] View Post</li><li>• [H4] Continue Reading</li><li>• [H4] About Me</li><li>• [H4] Recommended Products</li><li>• [H4] RELATED PRODUCTS</li><li>• [H4] Recent Posts</li><li>• [H4] CATEGORIES</li><li>• [H4] RELATED PRODUCTS</li><li>• [H4] RELATED PRODUCTS</li><li>• [H4] RELATED PRODUCTS</li><li>• [H4] LOCATION</li><li>• [H5]</li></ul>
	Images	We found 8 images on this web page.  8 alt attributes are empty or missing. Add alternative text so that search engines can better understand the content of your images.
	Text/HTML Ratio	Ratio : <b>10%</b>  This page's ratio of text to HTML code is below 15 percent, this means that your website probably needs more text content.
	Flash	Perfect, no Flash content has been detected on this page.
	Iframe	Great, there are no Iframes detected on this page.

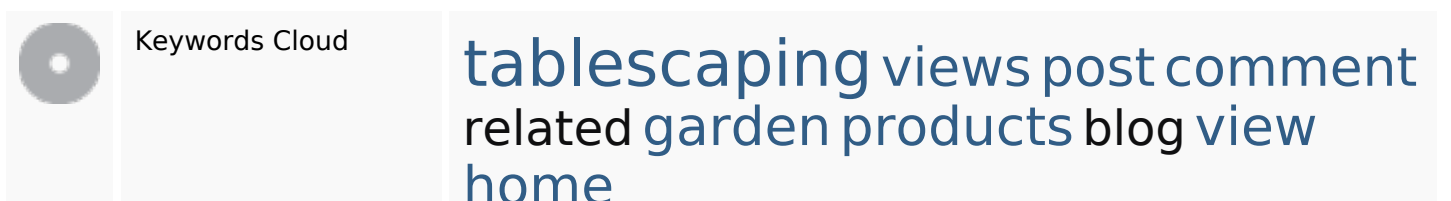
## SEO Links

	URL Rewrite	Good. Your links looks friendly!
	Underscores in the URLs	Perfect! No underscores detected in your URLs.
	In-page links	We found a total of 17 links including 0 link(s) to files
	Statistics	External Links : noFollow 0%  External Links : Passing Juice 5.88%  Internal Links 94.12%

## In-page links

Anchor	Type	Juice
<a href="#">Home</a>	Internal	Passing Juice
<a href="#">About me</a>	Internal	Passing Juice
<a href="#">Blog</a>	Internal	Passing Juice
<a href="#">Contact Me</a>	Internal	Passing Juice
<a href="#">Tablescaping</a>	Internal	Passing Juice
<a href="#">Dinner For One&amp;#8230;</a>	Internal	Passing Juice
<a href="#">The Great Wild&amp;#8230;.at home</a>	Internal	Passing Juice
<a href="#">Friends and Trips</a>	Internal	Passing Juice
<a href="#">Bachelorette Party&amp;#8230;...a little different</a>	Internal	Passing Juice
<a href="#">Happy Easter&amp;#8230;. belated 2023</a>	Internal	Passing Juice
<a href="#">Spinning Girls know how to have fun</a>	Internal	Passing Juice
<a href="#">FIRE! FIRE!</a>	Internal	Passing Juice
<a href="#">2</a>	Internal	Passing Juice
<a href="#">3</a>	Internal	Passing Juice
<a href="#">194</a>	Internal	Passing Juice
<a href="#">Corey Connects</a>	External	Passing Juice
<a href="#">Ok</a>	Internal	Passing Juice

## SEO Keywords








## Keywords Consistency

Keyword	Content	Title	Keywords	Description	Headings






## Keywords Consistency

tablescaping	10	✘	✘	✘	✘
home	7	✘	✘	✘	✔
products	6	✘	✘	✘	✔
view	6	✘	✘	✘	✔
post	6	✘	✘	✘	✔


## Usability

	Url	Domain : suppertabletalk.com Length : 19
	Favicon	Great, your website has a favicon.
	Printability	We could not find a Print-Friendly CSS.
	Language	Good. Your declared language is en.
	Dublin Core	This page does not take advantage of Dublin Core.


## Document

	Doctype	HTML 5
	Encoding	Perfect. Your declared charset is UTF-8.
	W3C Validity	Errors : 8 Warnings : 51
	Email Privacy	Warning! At least one email address has been found in the plain text. Use <a href="#">free antispam protector</a> to hide email from spammers.
	Deprecated HTML	Great! We haven't found deprecated HTML tags in your HTML.




## Document

	Speed Tips	<ul style="list-style-type: none"><li>✓ Excellent, your website doesn't use nested tables.</li><li>✗ Too bad, your website is using inline styles.</li><li>✗ Too bad, your website has too many CSS files (more than 4).</li><li>✗ Too bad, your website has too many JS files (more than 6).</li><li>✓ Perfect, your website takes advantage of gzip.</li></ul>
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## Mobile

	Mobile Optimization	<ul style="list-style-type: none"><li>✗ Apple Icon</li><li>✓ Meta Viewport Tag</li><li>✓ Flash content</li></ul>
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## Optimization

	XML Sitemap	<p>Great, your website has an XML sitemap.</p> <p><a href="https://supertabletalk.com/wp-sitemap.xml">https://supertabletalk.com/wp-sitemap.xml</a></p>
	Robots.txt	<p><a href="http://supertabletalk.com/robots.txt">http://supertabletalk.com/robots.txt</a></p> <p>Great, your website has a robots.txt file.</p>
	Analytics	<p>Missing</p> <p>We didn't detect an analytics tool installed on this website.</p> <p>Web analytics let you measure visitor activity on your website. You should have at least one analytics tool installed, but It can also be good to install a second in order to cross-check the data.</p>