






# Website review whatis-neuroplasticity.com

Generated on January 19 2026 17:41 PM

The score is 70/100




## SEO Content

	Title	<p>What Is Neuroplasticity? Definition, Meaning &amp; Examples</p> <p><b>Length : 55</b></p> <p>Perfect, your title contains between 10 and 70 characters.</p>												
	Description	<p>Discover what neuroplasticity is, how it works in the brain, and why it's important. Learn about neuroplasticity in psychology, examples, and its role in brain function.</p> <p><b>Length : 169</b></p> <p>Ideally, your meta description should contain between 70 and 160 characters (spaces included). Use <a href="#">this free tool</a> to calculate text length.</p>												
	Keywords	<p>Very bad. We haven't found meta keywords on your page. Use <a href="#">this free online meta tags generator</a> to create keywords.</p>												
	Og Meta Properties	<p>Good, your page take advantage of Og Properties.</p> <table><thead><tr><th>Property</th><th>Content</th></tr></thead><tbody><tr><td>title</td><td>What Is Neuroplasticity? Definition, Meaning &amp; Examples</td></tr><tr><td>description</td><td>Discover what neuroplasticity is, how it works in the brain, and why it's important. Learn about neuroplasticity in psychology, examples, and its role in brain function.</td></tr><tr><td>type</td><td>website</td></tr></tbody></table>	Property	Content	title	What Is Neuroplasticity? Definition, Meaning & Examples	description	Discover what neuroplasticity is, how it works in the brain, and why it's important. Learn about neuroplasticity in psychology, examples, and its role in brain function.	type	website				
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	Headings	<table><thead><tr><th>H1</th><th>H2</th><th>H3</th><th>H4</th><th>H5</th><th>H6</th></tr></thead><tbody><tr><td>1</td><td>9</td><td>9</td><td>13</td><td>0</td><td>0</td></tr></tbody></table> <ul style="list-style-type: none"><li>• [H1] What Is Neuroplasticity and How Does It Work?</li><li>• [H2] Amanda Knox</li><li>• [H2] Introduction</li><li>• [H2] What Is Neuroplasticity?</li></ul>	H1	H2	H3	H4	H5	H6	1	9	9	13	0	0
H1	H2	H3	H4	H5	H6									
1	9	9	13	0	0									




## SEO Content

		<ul style="list-style-type: none"><li>• [H2] Neuroplasticity in Psychology</li><li>• [H2] How Neuroplasticity Works</li><li>• [H2] Examples of Neuroplasticity</li><li>• [H2] Why Is Neuroplasticity Important?</li><li>• [H2] Conclusion</li><li>• [H2] FAQ</li><li>• [H3] About the Author</li><li>• [H3] What is neuroplasticity in simple words?</li><li>• [H3] How does neuroplasticity work in the brain?</li><li>• [H3] What is neuroplasticity in psychology?</li><li>• [H3] Why is neuroplasticity important?</li><li>• [H3] What is an example of neuroplasticity?</li><li>• [H3] At what age is neuroplasticity highest?</li><li>• [H3] What is positive neuroplasticity?</li><li>• [H3] What is neuroplasticity therapy?</li><li>• [H4] Amanda's Posts:</li><li>• [H4] Cognitive Training:</li><li>• [H4] Mindfulness &amp; Meditation:</li><li>• [H4] Physical Exercise:</li><li>• [H4] Skill Learning:</li><li>• [H4] Therapeutic Programs:</li><li>• [H4] Learning and Memory Consolidation:</li><li>• [H4] Functional Recovery Post-Injury:</li><li>• [H4] Adaptation to Environmental Demands:</li><li>• [H4] Cognitive Restructuring:</li><li>• [H4] Skill Acquisition and Habit Formation:</li><li>• [H4] Stress and Resilience:</li><li>• [H4] Trauma Recovery:</li></ul>
	Images	We found 8 images on this web page.  Good, most or all of your images have alt attributes.
	Text/HTML Ratio	Ratio : <b>62%</b>  Ideal! This page's ratio of text to HTML code is between 25 and 70 percent.
	Flash	Perfect, no Flash content has been detected on this page.
	Iframe	Great, there are no Iframes detected on this page.

## SEO Links

	URL Rewrite	Good. Your links looks friendly!
	Underscores in the URLs	Perfect! No underscores detected in your URLs.

## SEO Links

		
	In-page links	We found a total of 6 links including 0 link(s) to files
	Statistics	<p>External Links : noFollow 0%</p> <p>External Links : Passing Juice 0%</p> <p>Internal Links 100%</p>

## In-page links

Anchor	Type	Juice
<a href="#">Introduction</a>	Internal	Passing Juice
<a href="#">Definition</a>	Internal	Passing Juice
<a href="#">Psychology</a>	Internal	Passing Juice
<a href="#">Examples</a>	Internal	Passing Juice
<a href="#">Importance</a>	Internal	Passing Juice
<a href="#">FAQ</a>	Internal	Passing Juice

## SEO Keywords

	Keywords Cloud	<p>cognitive <b>neuroplasticity</b> new learning</p> <p>brain cortical memory long-term motor training</p>
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## Keywords Consistency

Keyword	Content	Title	Keywords	Description	Headings
neuroplasticity	38	✓	✗	✓	✓
brain	20	✗	✗	✓	✓
cognitive	13	✗	✗	✗	✓
cortical	9	✗	✗	✗	✗

## Keywords Consistency

motor

9



## Usability

	Url	Domain : whatis-neuroplasticity.com Length : 26
	Favicon	Great, your website has a favicon.
	Printability	We could not find a Print-Friendly CSS.
	Language	Good. Your declared language is en.
	Dublin Core	This page does not take advantage of Dublin Core.

## Document

	Doctype	HTML 5
	Encoding	Perfect. Your declared charset is UTF-8.
	W3C Validity	Errors : 0 Warnings : 0
	Email Privacy	Great no email address has been found in plain text!
	Deprecated HTML	Great! We haven't found deprecated HTML tags in your HTML.
	Speed Tips	<div> Excellent, your website doesn't use nested tables.</div> <div> Perfect. No inline css has been found in HTML tags!</div> <div> Great, your website has few CSS files.</div> <div> Perfect, your website has few JavaScript files.</div>

## Document

✔ Perfect, your website takes advantage of gzip.

## Mobile



### Mobile Optimization

- ✔ Apple Icon
- ✔ Meta Viewport Tag
- ✔ Flash content

## Optimization



### XML Sitemap

Great, your website has an XML sitemap.

<https://whatis-neuroplasticity.com/sitemap.xml>



### Robots.txt

<http://whatis-neuroplasticity.com/robots.txt>

Great, your website has a robots.txt file.



### Analytics

Missing

We didn't detect an analytics tool installed on this website.

Web analytics let you measure visitor activity on your website. You should have at least one analytics tool installed, but It can also be good to install a second in order to cross-check the data.